

Ishkeesh Youth Council

Community Wellness Day/Color Run

Anav Tribal Health Clinic

Saturday, May 31, 10 AM -2 PM

9024 Sniktaw Ln, Fort Jones, CA 96032

Join us for the Mental Health Color Run- where every step you take helps break the stigma!

This fun, family-friendly event combines movement, color, and community to raise awareness and support for mental health. Whether you walk, run, or dance your way through the course, you'll be showered in vibrant colors symbolizing hope, healing, and unity. Let's come together to celebrate life, spread positivity, and show that no one has to struggle alone.

Event Includes:

- Color Run Registration (9:00-9:45 AM)
- Color Run (10:00-11:30 AM)
- Equine Therapy Honoring Ceremony (11:45 -12:00 PM)
- Cultural Demonstration Dance (12:00-12:30 PM)
- Mental Health Information Booths (12:30-2:00 PM)
- Snow Cones
- Face Painting
- Cotton Candy
- Music
- Popcorn
- Raffles (throughout event)
- ALL AGES WELCOME!!!

P.S. Please be mindful this is a Youth Organized Event!