

# APPLIED SUICIDE INTERVENTION SKILLS TRAINING (ASIST)

#### LEARN THE SKILLS. HELP SAVE A LIFE.

Master Vital Suicide intervention techniques with our **FREE**, hands-on ASIST course. Open to all, it's ideal for both professionals and community members



### ASIST Works



ASIST teaches participants to recognize when someone may have thoughts of suicide and how to work with them to create a plan that will support their immediate safety. ASIST can be learned and used by anyone.

#### **ASIST Participants Gain:**

- Knowledge about suicide.
- Skills to reach out.
- Confidence to help save a life.

## SIGN UP TODAY!

Registration is **FREE** and **required**.

Limited Space Available.

Email Veronica Butterfly at veronica.butterfly@qvir-nsn.gov

OCTOBER 1 & 2 2025 8:30 - 4:30 BOTH FULL DAYS ATTENDENCE REQUIRED ANAV TRIBAL HEALTH CLINIC 9024 SNIKTAW LN, FORT JONES, CA 96032